



A Partner Agency of SAFE

Core 40- Hour Advocate Training An OAG-Certified Sexual Assault Training Program SAMPLE TRAINING AGENDA

Times: Training is 6:00 p.m. – 9:00 p.m. on Mondays and Thursdays, except for Saturday trainings, which are 9:00 a.m. – 2:00 p.m. unless otherwise noted.

Absences: You may miss up to a maximum of 2 sessions and still be eligible to receive full credit for SafePlace’s Core 40-hour Advocate Training. Make up sessions are available.

Session 1

5:30 – 6:15	Welcome & Training Overview
6:15 – 7:00	Herstory (A Historical Perspective on Sexual & Domestic Violence) and Social Context
7:00 - 7:15	Break
7:15 – 9:00	Herstory & Social Context

Session 2

6:00 – 6:15	Check In + Activity
6:15 - 7:15	Sexual Violence Part 1: Definitions, Consent & Rape Culture
7:15 – 7:25	Break
7:25 – 8:25	Sexual Violence Part 2: Community Response & Medicolegal Options for Victims
8:25 – 8:55	Volunteer Program Spotlight: Forensic Nursing & Advocacy Program
8:55 – 9:00	Grounding Activity

Session 3: Saturday Session

9:00 –10:35	Barriers to Leaving an Abusive Relationship
10:35 – 10:45	Break
10:45 – 12:30	Trauma and the Healing Process
12:30 – 12:40	Break
12:40 -- 1:40	Using Our Voices: Survivor Speaker Panel & Discussion
1:40 – 2:00	Discussion & Debriefing

Session 4

6:00 – 7:20	Supporting Children & Youth Who Have Experienced Trauma
7:20 – 7:30	Break
7:30 – 7:50	Volunteer Program Spotlight: Children’s Programs at SafePlace & Children’s Activities
7:50 – 9:00	Becoming a Youth Allied Adult

Session 5

6:00 – 6:15	Checking In + Activity
6:15 – 8:00	Criminal Justice System and Legal Remedies for Survivors
8:00 – 8:15	Break
8:15 – 8:35	Volunteer Program Spotlight: Legal Advocacy
8:35 – 9:00	Volunteer Program Spotlight: PlanetSafe

Session 6

6:00 – 6:30	Empathetic Communication Triad Activity
6:30 – 6:45	Volunteer Program Spotlight: Life Skills
6:45 – 7:00	Volunteer Program Spotlights: Peer Support & Survivor Voices Project /Tu Voz
7:00 – 7:30	Exploring Diversity, Power and Privilege
7:30 – 7:40	Break
7:40 – 9:00	Diversity, Power and Privilege

Session 7

6:00 - 7:30	Barriers & Remedies for Immigrant Survivors of Violence
7:30 -- 7:40	Break
7:40 – 9:00	Supporting Survivors with Disabilities: Violence Dynamics and Accessible Services

Session 8: Saturday Session

9:00 – 10:30	Supporting Lesbian, Gay, Bisexual, Transgender, Queer, Survivors of Family/Intimate Partner/Sexual Violence
10:30 – 10:40	Break
10:40 – 11:40	Supporting Lesbian, Gay, Bisexual Transgender and Queer Survivors
11:40 – 12:15	Program Spotlight: Deaf SHARE
12:15 – 12:25	Break
12:25 – 12:50	Shelter Volunteer Program Spotlights: Pet Foster Program, Hotline, House Support, Food Services
12:50 – 2:00	Tour of SafePlace Campus

Session 9

6:00 – 7:30	Empathetic Communication & Active Listening: Essential Tools for Advocacy
7:30 – 7:40	Break
7:40 - 8:50	Peer Counseling Tools & Role Plays
8:50 – 9:00	Discussion & Debriefing

Session 10

6:00 – 6:10	Activity
6:10 – 7:30	Effective Advocacy Skills for Working with Survivors
7:30 – 7:40	Break
7:40 – 8:50	Advocacy Skills & Safety Planning: Economic Options & Safety Concerns for Survivors
8:50 – 9:00	Self Care for Advocates

Session 11: Saturday Session

9:00 – 10:20	Advocacy & Social Change
10:20 – 10:35	Volunteer Program Spotlight: Community Education
10:35 – 10:45	Break
10:45 – 11:00	Development & Communications: Supporting & Sustaining Social Change
11:05 – 12:30	Wrap Up, Community Art Project & Graduation
12:30 – 2:00	Test (open-book, multiple choice)